
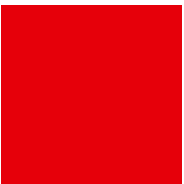







Youth Orange Belt Requirements

Congratulations on being eligible to test for your Orange Belt at Ichiban! The list below includes the requirements students will need to earn their red tip to progress towards Orange Belt.

Requirements:

-  A minimum of 32 classes, positive work ethic and respect for classmates and instructors.
-  Kata: Universal 1 and Universal 2
-  Kumite 1, right and left side
-  10 push ups , 15 crunches, 20 second plank
-  Power front, round, side, and back kicks

Please register for belt promotion at the front desk, or on our website.