SEPTEMBER 2021

ICHIBAN KARATE & FITNESS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Pre candidate training 4:45pm	2	3	4
5	6 Ichiban Closed Labor Day	7 Fall Schedule in effect	8 Pre candidate training 4:45pm	9 Ice Cream Day In youth & ninja classes	10	11 10:30am Ground Work Seminar Staff Training 12:30pm
12	13 Buddy Week in all dragon, ninja, youth and fitness classes! Sparring in Adult Classes	14	15 Pre candidate training 4:45pm	16	17 Dodgeball Tournament & Pizza Party 5-8pm	18 Back to school Open House 9am-12pm Belt Promotion 12:30pm-2pm
19	20	21 Pre candidate training 4:45pm	22	23	24 Seminar Weekend with Sensei Paul Snader at Ichiban *No regular classes*	25
26	27 Sparring in Adult Classes Black Belt Pre-test7:30pm	28	29	30		