

AUGUST 2021

ICHIBAN KARATE & FITNESS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	Adult Sparring 6:30pm	Athlete & Nunchuku Camp - 9am - 3:30pm			Bunkai Night 5:00pm	
8	9	10	11	12	13	14
						Advanced brown & black belt training CCMS at 8:30am No 10am adult class. 12:30pm Instructor training
15	16	17	18	19	20	21
	Adult Sparring 6:30pm	Games Camp - 9am - 3:30pm				
22	23	24	25	26	27	28
				Last morning karate class for the summer	Games, ice cream & movie night 6:30-9:30pm	Advanced brown & black belt training CCMS at 8:30am 12:30pm Instructor training
29	30	31		Red Tip Testing (Ninjas, Dragons, Youth & Teens) September 7th - 11th Belt Promotion Saturday, September 17th Ichiban Fall Training Weekend Saturday, September 24th & 25th		
	Adult Sparring 6:30pm					